OTB LUNCH MENU



Gastropub

OFF THE BONE

Farm Fresh, Ocean Fresh, Market Fresh



Allergen Information

1 - Cereals, 2- Crustacean, 3 - Egg, 4 - Fish, 5 -Peanut, 6 - Soybeans, 7 - Milk 8 - Nuts
9 - Celery, 10 - Mustard, 11 - Sesame Seed, 12 - Sulphur Dioxide

STARTERS

Soup of the Day | 7
Today's fresh market soup, served with traditional homemade brown bread & Irish butter *(1(wheat) 7, 9, 10, 12, 13)*

Chicken Wings | 10
Spicy buffalo OR sticky BBQ, ranch dressing & crisp celery
(1(wheat), 3, 6, 7, 9, 10, 12)

Vol-au-Vent | 11
Irish chicken pieces, sautéed button mushrooms, on a freshly-baked puff pastry in a tarragon cream sauce *(1, (wheat) 3, 7, 9, 10, 12, 13)*

Seafood Chowder | 13
Fish, Atlantic mussels, prawns, root vegetables, white wine velouté & brown soda bread
(1(wheat), 2, 3, 4, 7, 9, 12, 14)

SANDWICHES

Glazed Limerick Ham & Vintage Cheddar | 13
Caramelised red onion, on toasted sourdough
(1(wheat), 7, 10)

Roast Beef Sandwich | 15
Tender slices of Irish Black Angus, with rocket, sun-blushed tomatoes, horseradish & roasted garlic aioli, on toasted ciabatta, with signature gravy *(1(wheat), 3, 7, 10, 12, 13)*

Chopped Chicken Wrap | 14
A toasted wrap packed with finely chopped crispy chicken pieces, baby gem lettuce & tomatoes, all tossed in cool mayonnaise
(1(wheat), 3, 7, 10, 12)

Open Smoked Salmon & Prawn | 16
Irish smoked salmon & Atlantic poached prawns, on traditional Irish soda bread, with classic Marie Rose sauce *(1(wheat, oat), 2, 3, 4, 7, 10, 12, 13, 14)*

Beetroot Focaccia | 13
Beetroot, hummus, grilled Mediterranean vegetables, vegan cheddar, almond & rocket pesto in a focaccia bread
(1 (wheat), 3, 7, 8(almond) 9, 10, 12, 13)

Buffalo Fried Chicken Wrap | 14
Crispy chicken pieces in buffalo sauce, baby gem, ranch sauce & caramelised red onions
(1(wheat), 3, 7, 10, 12)

All sandwiches are served with a side of fries (choose chunky, sweet potato fries or skinny fries) and house slaw

SALADS

Chicken Caesar Salad | 14
Fresh baby gem, crispy Irish bacon, sourdough croutons, soft-boiled egg, Parmesan & Caesar dressing *(1(wheat), 3, 4, 7, 10, 12)*

Butternut Squash Salad | 14
Feta, avocado, pomegranate, carrot, cumin, date dressing & dressed leaves *(7,12)*

Panko-Crusted Goat's Cheese | 14
Baby spinach, caramelised fig, sun-blushed tomatoes, honey & mustard dressing
(1(wheat), 3, 7, 12)

MAINS

Classic Burger | 20
Black Angus burger with Irish cheddar, gherkins, crisp baby gem, vine tomato in a lightly charred brioche bun & chunky chips *(1(wheat), 3, 7, 10, 12, 13)*

Roasted Irish Grass-Fed Sirloin of Beef | 19
Yorkshire pudding, onion jam, honey & caraway roasted winter vegetables & shiraz red wine sauce
(1(wheat), 3, 7, 9, 12)

OTB Chicken Tikka Masala | 18
Basmati rice & naan bread *(1(wheat), 7)*
Add Prawns €4

Thai Noodle Stir-Fry | 17
Sautéed crunchy vegetables, chilli, lime, galangal, soy sauce & choice of egg-fried noodles OR basmati rice
(1 (wheat), 2, 3, 6, 7, 9, 10, 12,)
Add Chicken €3 | Prawns €4

OTB Battered Fish & Chips | 16
Ocean-fresh hake in IPA beer batter with crushed peas, charred lemon, chunky chips & homemade tartar sauce *(1 (wheat), 3, 4, 7, 10, 12)*

Peruvian Josper Half-Roasted Chicken | 18
Aji Verde topped roast potatoes & crisp salad
(1(wheat), 3, 7)

Baked Fillet of Salmon | 18
Salmon fillet, sautéed potatoes, peas, pancetta & asparagus, topped with spinach pesto *(3, 4, 8 (almond), 10, 12)*

Roast of the Day | 19
Ask your server about our roast of the day