

Lunch Menu

Farm fresh, Ocean fresh, Market Fresh

From 12:00 to 15:00

Light Lunch

Soup Of The Day 7

Today's fresh market soup served with traditional homemade brown bread & Irish butter

(1(wheat) 7, 9, 10, 12, 13)

Vol-Au-Vent 10/16

Irish Chicken pieces, sautéed button mushrooms on a freshly baked puff pastry in a tarragon cream sauce

(1, (wheat) 3, 7, 9, 10, 12, 13)

Chicken Caesar Salad 11/18

Baby gem lettuce, crispy Irish bacon, sourdough croutons, soft boiled egg, parmesan & a Caesar dressing

(1(wheat), 3, 4, 7, 10, 12)

Wild Atlantic Way Seafood Chowder 13

Ocean fresh fish, mussels, prawn, vegetables, fresh herbs & white wine volute with homemade brown soda bread

(1 (wheat), 2, 3, 4, 7, 9, 12, 14)

Chicken Wings 10/17

Crispy fried Irish chicken wings coated in choice of spicy buffalo or sticky BBQ served with ranch dressing

(1, (wheat) 3, 6, 7, 9, 10, 12)

Crispy Buffalo Salad 11/19

Buttermilk fried Irish chicken tossed in spicy buffalo sauce, baby gem, tomato salsa, pickled red onion & ranch dressing

(1(Wheat), 3, 7, 9, 10, 12)

Sandwiches

OTB B.L.A Bagel 9

Bacon, crushed avocado, tomato & baby gem

(1 (wheat), 3, 7, 11)

Open Salmon & Crab 14

Irish smoked Salmon & lime spiked Atlantic crab served on homemade brown soda bread, crisp pickled slaw

(1(wheat, oat), 2, 3, 4, 7, 10, 12, 13, 14)

Buffalo Chicken Wrap 9

Buttermilk fried chicken pieces tossed in spicy buffalo sauce, baby gem, tomato salsa, pickled red onion & ranch dressing

(1(Wheat), 3, 7, 8, 9, 12)

Baked Tuna Melt 9

Tuna, sweetcorn, mayo, gruyère cheese on toasted crusty sourdough

(1(wheat), 3, 4, 7)

Beetroot Focaccia 8

Beetroot hummus, grilled Mediterranean vegetables, vegan cheddar, almond & rocket pesto in focaccia

(1 (wheat), 3, 7, 8(almond) 9, 10, 12, 13)

Toasted Ham & Cheese 8

Honey baked ham, mature Irish cheddar & house relish on bloomer bread

(1(wheat) 3, 7, 10, 12, 13)

SANDWICH'S ADD ON'S

Cup of Soup 3 | Chunky Fries 3 | Mini Caesar Salad 3 | Sweet Potato Fries 4 |

Mains

Roast Irish Grass Fed Beef 19

Creamy Champ mash, honey roasted root vegetables, Yorkshire pudding, crispy roastie & indulgent signature gravy

(1(wheat), 3, 7, 9, 10, 12, 13)

Buttered Turkey & Maple Baked Ham 18

Layered with sage & onion stuffing served with honey roasted root vegetables, creamy champ mash & crispy roastie topped with thyme gravy

(1 (wheat), 3, 7, 9, 10, 12, 13)

OTB Battered Fish & Chips 17

Ocean fresh hake in IPA beer batter with crushed peas, charred lemon, chunky chips & homemade tartar sauce.

(1 (wheat), 3, 4, 7, 10, 12)

Honey Glazed Loin Bacon 17

Buttered cabbage, black pudding potato & parsley cream

(1(wheat) 3, 7, 10, 12, 13)

Baked Fillet of Salmon 18

Fresh salmon fillet, sautéed potatoes, peas, pancetta, asparagus, topped with spinach pesto

(3, 4, 8 (almond), 10, 12)

Malaysian Style Red Curry 16

Aromatic mild red curry, lime leaf, ginger & basmati rice

Chicken (+2) | Prawns (+3)

(1 (wheat), 3, 4, 7, 9, 12)

Classic Burger 18

Irish beef burger, gruyère cheese, cracked black pepper mayo, gherkin, crisp baby gem, vine tomato in a lightly charred brioche bun, chunky fries

(1(wheat), 3, 7, 10, 12, 13)

Warm Beef Sandwich 14

Tender slices of Irish black Angus with peppery rocket, overnight tomatoes, horseradish & roast garlic aioli on lightly toasted ciabatta with chunky fries & Signature gravy

(1(wheat) 3, 7, 10, 12, 13)

Smoked Chicken & Pancetta 18

Irish smoked chicken pieces, pancetta, tossed in sundried tomato & garlic cream sauce, choice of tagliatelle or penne pasta

(1 (wheat), 3, 7, 9, 12)

Sides

Chunky Chips 4

Sweet Potato Fries 5

Basmati Rice 4

Champ Potatoes 4

Skinny Fries 4

Seasonal Vegetables 4

Onion Rings 4

Mini Caesar Salad 4

Mixed Salad 4

ALLERGENS

1 Cereals

4 Fish

7 Dairy

10 Mustard

13 Lupin

2 Crustacean

5 Peanut

8 Nuts

11 Sesame Seed

14 Mollusc

3 Egg

6 Soya

9 Celery

12 Sulphur Dioxide

Majority of our dishes can be adjusted to suit your specific dietary requirement

Desserts

Goey Chocolate Brownie 8 *Signature*
Chocolate sauce & vanilla ice cream
(3, 7, 8 (almond))

Apple & Rhubarb Crumble 8
House custard & vanilla ice cream
(1(wheat) 3, 7)

Selection of Glen Valley Irish Ice cream 8
Chocolate, strawberry, vanilla & crisp basket
(1(wheat) 3, 7)

Knickerbocker Glory 9
Strawberry & vanilla ice cream, strawberry jelly, meringue, cream & strawberry coulis
(3, 7)

Suppliers

Enda Ahearne
Poultry

CS Fish
Fish & Seafood

Musgraves
Certified Black Angus Beef

Limerick Fruit
Fruit & Vegetables

offthebonegastropub.com

☎ **061 487 410**

Raheen Roundabout, Limerick

 / OffTheBoneGastropub



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