

Lunch Menu

Farm fresh, Ocean fresh, Market Fresh

From 12:00 to 15:00

Light Lunch

Soup Of The Day 7

Todays fresh market soup served with traditional homemade brown bread & Irish butter

(1(wheat) 7, 9, 10, 12, 13)

Vol-Au-Vent 10/16

Irish Chicken pieces, sautéed button mushrooms on a freshly baked puff pastry in a tarragon cream sauce

(1, (wheat) 3, 7, 9, 10, 12, 13)

Chicken Caesar Salad 11/18

Baby gem lettuce, crispy Irish bacon, sourdough croutons, soft boiled egg, parmesan & a Caesar dressing

(1(wheat), 3, 4, 7, 10, 12)

Wild Atlantic Way Seafood Chowder 13

Ocean fresh fish, mussels, prawn, vegetables, fresh herbs & white wine volute with homemade brown soda bread

(1 (wheat), 2, 3, 4, 7, 9, 12, 14)

Chicken Wings 10/17

Crispy fried Irish chicken wings coated in choice of spicy buffalo or sticky BBQ served with ranch dressing

(1, (wheat) 3, 6, 7, 9, 10, 12)

Hot Honey Halloumi Salad 11/19

Panko crusted halloumi, baby gem, radish, carrot, red onion, roast peppers & blue cheese ranch

(1(Wheat), 3, 7, 8, 9, 12)

Sandwiches

OTB BLT Bagel 9

Bacon, lettuce, tomato, & chive cream cheese

(1 (wheat), 3, 7,11)

Open Salmon & Crab 14

Irish smoked Salmon & lime spiked Atlantic crab served on homemade brown soda bread, crisp pickled slaw

(1(wheat, oat), 2, 3, 4, 7, 10, 12, 13, 14)

Hot Honey Chicken Wrap 9

Flame grilled marinated chicken pieces, baby gem, radish, carrot, red onion, roast peppers & blue cheese ranch

(1(Wheat), 3, 7, 8, 9, 12)

Baked Tuna Melt 9

Tuna, sweetcorn, mayo, cheddar on toasted ciabatta

(1(wheat), 3, 4, 7)

Goats Cheese Focaccia 8

Locally sourced goats cheese with peppery rocket, roasted Mediterranean vegetables, almond & rocket pesto in focaccia

(1 (wheat), 3, 7, 8(almond) 9, 10, 12, 13)

Toasted Ham & Cheese 8

Honey baked ham, mature Irish cheddar & house relish on bloomer bread

(1(wheat) 3, 7, 10, 12, 13)

SANDWICH'S ADD ON'S

Cup of Soup 3 | Chunky Fries 3 | Mini Caesar Salad 3 | Sweet Potato Fries 4 |

Mains

Roast Irish Grass Fed Beef 19

Creamy Champ mash, honey roasted root vegetables, Yorkshire pudding, crispy roastie & indulgent signature gravy

(1(wheat), 3, 7, 9, 10, 12, 13)

Buttered Turkey & Maple

Baked Ham 18

Layered with sage & onion stuffing served with honey roasted root vegetables, creamy champ mash & crispy roastie topped with thyme gravy

(1 (wheat), 3, 7, 9, 10, 12, 13)

OTB Battered Fish & Chips 17

Ocean fresh hake in IPA beer batter with crushed peas, charred lemon, chunky chips & homemade tartar sauce.

(1 (wheat), 3, 4, 7, 10, 12)

Saucy Chicken Roll 14

Homemade crispy fried chicken tossed in Buffalo hot sauce, ranch dressing, baby gem lettuce & crisp pickled slaw on a lightly toasted ciabatta, chunky fires

(1(wheat) 3, 7, 10, 12, 13)

Baked Fillet of Salmon 18

Fresh salmon fillet, sautéed potatoes, peas, pancetta, asparagus, topped with spinach pesto

(3, 4, 8 (almond), 10, 12)

Malaysian Style Red Curry 16

Aromatic mild red curry, lime leaf, ginger & basmati rice

Chicken (+2) | Prawns (+3)

(1 (wheat), 3, 4, 7, 9, 12)

Classic Burger 18

Black Angus burger, gherkin, red onion marmalade, crisp baby gem, vine tomato in a lightly charred rye sourdough bun, chunky fries

(1(wheat), 3, 7, 10, 12, 13)

Warm Beef Sandwich 14

Tender slices of Irish black Angus with peppery rocket, overnight tomatoes, horseradish & roast garlic aioli on lightly toasted ciabatta with chunky fries & Signature gravy

(1(wheat) 3, 7, 10, 12, 13)

Honey Glazed Loin Bacon 17

Buttered cabbage, black pudding potato & parsley cream

(1(wheat) 3, 7, 10, 12, 13)

Smoked Chicken & Pancetta 18

Irish smoked chicken pieces, pancetta, tossed in sundried tomato & garlic cream sauce, choice of tagliatelle or penne pasta

(1 (wheat), 3, 7, 9, 12)

Sides

Chunky Chips 4

Sweet Potato Fries 5

Basmati Rice 4

Champ Potatoes 4

Skinny Fries 4

Seasonal Vegetables 4

Onion Rings 4

Mini Caesar Salad 4

Mixed Salad 4

ALLERGENS

1 Cereals

4 Fish

7 Dairy

10 Mustard

13 Lupin

2 Crustacean

5 Peanut

8 Nuts

11 Sesame Seed

14 Mollusc

3 Egg

6 Soya

9 Celery

12 Sulphur Dioxide

Majority of our dishes can be adjusted to suit your specific dietary requirement

Desserts

Goey Chocolate Brownie 8 *Signature*
Chocolate sauce & vanilla ice cream
(3, 7, 8 (almond))

Selection of Glen Valley Irish Ice cream 8
Chocolate, strawberry, vanilla & crisp basket
(1(wheat) 3, 7)

Apple & Rhubarb Crumble 8
House custard & vanilla ice cream
(1(wheat) 3, 7)

Sticky Toffee Pudding 8
Homemade butterscotch sauce & vanilla ice cream
(1(wheat) 3, 7, 12)

Suppliers

Enda Ahearne
Poultry

Musgraves
Certified Black Angus Beef

CS Fish
Fish & Seafood

Limerick Fruit
Fruit & Vegetables

offthebonegastropub.com

☎ **061 487 410**

Raheen Roundabout, Limerick

 / OffTheBoneGastropub



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