

A La Carte Menu

Parm. Ocean & Market Presh

STARTERS

Nachos Loco 9.5

Beef chilli, melted cheddar. tomato & coriander salsa, jalapeño, guac & Ranch dressing (1 (wheat), 3, 7, 9, 12)

Atlantic Seafood Chowder 10

Ocean fresh hake, salmon, prawns, mussels, root vegetables, Pinot Grigio & dill cream.

(1 (wheat), 2, 3, 4, 7, 9, 12, 14)

Chicken Wings 10/16

Spicy buffalo or sticky BBQ, homemade ranch dressing. (1 (wheat), 3, 6, 7, 9, 10, 12)

Crumbed Bluebell Falls Goats Cheese Beignet

Grilled courgette, heirloom tomato, kalamata olive, rocket & almond pesto dressed rocket leaves (1 (wheat), 3, 7, 9, 10, 12)

Bourbon Pork Belly Ribs

Boneless ribs, red cabbage slaw, bourbon BBQ sauce. (1 (wheat), 7, 9, 10, 12)

Baja Prawn Tacos 11.5

Buttermilk fried prawns, cherry tomato salsa, quac, coriander & lime slaw in corn tortillas. (1 (wheat), 2, 3, 7, 10, 12)

Salt & Pepper Calamari 9.5

Warm chilli chorizo & tomato sauce with rocket and basil oil (1 (wheat), 2, 3, 7, 10, 11, 12, 14)

Wild Atlantic Mussels 9.5

Served with warm bread & Choice of Thai red curry cream, fresh coriander or Creamy garlic & white wine

(1 (wheat), 2, 3, 4, 7, 9, 12, 14)

SALADS

Chicken Caesar Salad 10/15

Baby gem, crispy bacon, sourdough croutons, soft boiled egg,parmesan & Caesar dressing. (1 (wheat), 3, 4, 7, 10, 12)

Roast Cauliflower & Chermoula Salad

10/15

Josper roasted cauliflower. salad of rocket, cumin rubbed chick peas, carrot, raisins, flat parsley & chermoula dressing (12) (GF)(V)

Sweet Chilli Chicken Salad

10/15

Sweet potato & parsnip crisp, cashew nuts, chilli dressing & baby gem lettuce (3, 8(cashew), 10, 12)

WORTH SHARING

Ribs & Wings Board 25

Chicken wings in both BBQ sauce & spicy buffalo sauces & smoked BBQ pork Ribs (1 (wheat), 3, 4, 6, 7, 9, 10, 12)

Ocean Fresh Board 30

Baia prawn tacos, Calamari, mini OTB pale ale battered fish, chips & dips. (1 (wheat), 3, 4, 6, 7, 9, 10, 12)

OFF THE Josper

STEAKS

Our steaks are served with: Buttermilk fried onions Portobello mushroom & chips (1(wheat), 3, 7, 12)

280g Black Angus Sirloin Steak 29 227g Irish Grass Fed Fillet Steak 35

CHOICE OF SAUCE

Cracked black peppercorn (1(wheat), 7, 9, 12)

Béarnaise (3, 7, 12)

Roasted garlic butter (7)

Surf It Up 6

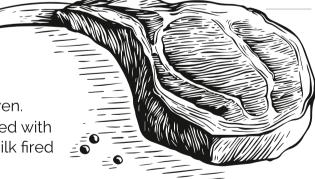
Add buttermilk fried prawns (1(wheat), 2)

TOMAHAWK

600g Tomahawk Steak 65

Perfect for sharing,

cooked to your liking in our Josper oven. Carved off the bone and complimented with chips, portobello mushroom, buttermilk fired onions and choice of sauces



LAMB

Lamb Leg Kebab 21

Marinated Tender lamb cooked on a skewer in the Josper grill smoked Aubergine & cumin yoghurt dressing, spiced tomato sauce, basmati rice & pitta bread (1 (wheat), 6, 7, 10, 12)

BURGERS

OTB Signature 17

Irish grass fed beef burger, mature cheddar, crisp bacon, red onion marmalade, cracked black pepper mayo onion ring, baby gem, vine tomatoes, pickles on Brioche & chips. (1 (wheat) ,3 ,7 ,10, 12)

Buffalo Wingman 17

Buttermilk fried chicken burger, hot sauce mayo, ranch sauce, baby gem, vine tomatoes, pickles on Brioche with pickled slaw & chips. (1 (wheat), 3, 7, 9, 10, 12)

OTB Big One 21

Irish grass fed beef burger, smoked BBQ pulled pork, buttermilk fried onion, baby gem lettuce, pickle, vine tomato, garlic mayo on charred brioche bun & chips (1 (wheat), 3, 7, 9, 10, 12)

'Beyond Beef' Plant Based Burger

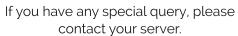
100% Vegan burger pattie, vegan cheese, chipotle mayo, baby gem, vine tomatoes, pickles & sweet potato fries. (1 (wheat), 6, 10, 12) (V)

Shrimp Po Boy 19

Irish grass fed beef burger, buttermilk fried prawns, hot sauce mayo, baby gem lettuce, vine tomato, pickle, on charred brioche bun & chips

(1 (wheat), 2, 7, 9, 10, 12)









Spicy Thai Red Curry 17.5

Sugar snap peas, spicy red curry sauce, basmati rice & Pita bread Choice of: Chicken

Prawns (+2)

(3, 4, 7, 9, 12)

Leek & Wild Mushroom **Ragu 17**

Truffle parmesan cream, cep dust & asparagus shavings layered with poached pasta sheets (1 (wheat), 3, 7, 9, 10, 12) (VG)

Sirloin Steak Sandwich 19

Fillet medallions Josper roasted, portobello mushroom, buttermilk fried onion, rocket & Béarnaise (1 (wheat), 3, 4, 6, 7, 9, 10, 12)

Slow Braised Pork Belly 22

Caramelised onion & cider gravy, savoy cabbage mash & black pudding crumble.

(1 (wheat,oat), 7, 9, 10, 12)

Thai Noodle Stir Fry 17.5

Sautéed crunchy vegetables, chilli, coriander, lime, galangal, soy sauce & egg noodles. Choice of Vegetarian, Chicken or Prawns (+2) (1 (wheat), 2, 3, 6, 7, 9, 10, 12,)

Maple Glazed Chicken Supreme 19

Baby potatoes, asparagus, pea mangetout in a saffron, ginger chorba summer broth (7, 9, 12) (GF)

OTB Pale Ale Battered Fish &

Chips 18

Crushed peas, homemade tartar sauce & charred lemon. (1 (wheat), 3, 4, 7, 10, 12)

Grilled Fillet of Sea Bass 24

Pickled caponata of vegetables. sautéed potatoes, spinach, basil pesto & charred lemon (4, 7) (GF)

Wild Atlantic Mussels 16

Served with warm bread & Choice of: Creamy garlic & white wine or Homemade Thai red cream, fresh coriander & lemongrass. (1 (wheat), 2, 3, 7, 9, 12, 14)

Set Menu

2 courses for 26 | 3 courses for 31

Choose a Starter and Main Course or a Main Course and Dessert or 3 courses.

STARTERS

Chicken Wings

Spicy buffalo or sticky BBQ. homemade ranch dressing.

(1 (wheat), 3, 6, 7, 9, 10, 12)

Bourbon Pork Belly Ribs

Red cabbage slaw, bourbon BBQ sauce. (1 (wheat), 7, 9, 10, 12)

Salt & Pepper Calamari

Warm chilli chorizo & tomato sauce with rocket and basil oil (1 (wheat), 2, 3, 7, 10, 11, 12, 14)

Roast Cauliflower & Chermoula Salad

Josper roasted cauliflower, salad of rocket, cumin rubbed chick peas, carrot, raisins, flat parsley & chermoula dressing (12) (GF) (V)

Hickory Smoked Chicken Caesar Salad

Baby gem, crispy bacon, sourdough croutons, soft boiled egg, parmesan & Caesar dressing. (1 (wheat), 3, 4, 7, 10, 12)

MAINS

Maple Glazed Chicken Supreme

Walnut, baby potatoes, asparagus & saffron, ginger chorba (7, 9, 12)

Grilled Fillet of Sea Bass

Pickled caponata of vegetables. sautéed potatoes, spinach, basil pesto & charred lemon (4, 7) (GF)

280g Irish Grass Fed Sirloin Steak

Buttermilk onions, portobello mushroom, chunky chips. (6 Supplement) Choose: Pepper Sauce or Béarnaise. (6 supplement) (1 (wheat), 3, 7, 9, 10, 12)

Thai Noodle Stir Fry

Sautéed crunchy vegetables, chilli, coriander. lime, galangal, sov sauce & egg noodles. Choose from Chicken, Prawn (+2) or Vegetarian (1 (wheat), 2, 3, 6, 7, 9, 10, 12)

Pale Ale Battered Fish & Chips

Crushed peas, homemade tartar sauce & charred lemon. (1 (wheat), 3, 4, 7, 10, 12)

OTB Signature

Irish grass fed beef burger, mature cheddar, crisp bacon, red onion marmalade, cracked black pepper mayo, onion ring, baby gem, vine tomatoes, pickles & chunky chips. (1 (wheat) ,3 ,7 ,10, 12)

DESSERTS

Passion Fruit Délice

With tropical salsa & raspberry sorbet (1 (wheat) 3, 7)

Chocolate Brownie

Warm chocolate sauce & vanilla ice cream (3, 7, 8 (almonds))

Selection of Irish Dairy Ice Cream

Chocolate, vanilla & strawberry crisp basket (1 (wheat), 3, 7)

Strawberry Fields

Strawberry Daiquiri sauce, meringue, fresh strawberry, cream topped with hazelnut (1 (wheat) 3, 7)

ALERGENS

1 - Cereals

3 - Egg

5 - Peanut

7 - Milk

9 - Celery

11 - Sesame Seed

13 - Lupin

2 - Crustacean

4 - Fish

6 - Soya

8 - Nuts

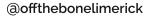
10 - Mustard

12 - Sulphur Dioxide

14 - Mollusc

LET'S PARTY AT OFF THE BONE THE SUNROOM

Our private venue for your next celebration or event, catering for up to 100 guests.



If you have any special query, please contact your server.



